



### MAKING FRIENDS

Want to meet and make new friends? AOLA events have been the source for friendships that endure through time. These outdoor adventures allow time for fun, laughter, exercise, photography, great food, and lots of talk. AOLA is a time for sharing and caring with friends.



### 2008

AOLA events include bicycling through Consumnes River marsh area, San Francisco and golden gate Park, and mountain rides near Susanville.

### WORSHIP IN GOD'S GREAT OUTDOORS



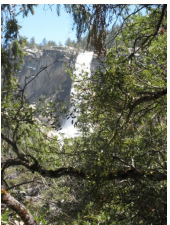
# AOLA

ADULT LUTHERAN OUTDOOR ADVENTURES



### ENJOYING GOD'S GIFT

Do you enjoy the great outdoors? Come and join with LCR's outdoor adventure group (AOLA) and meet new friends, have fun hiking, kayaking, biking, and viewing nature at its finest.



# ALOA EVENTS 2008-2009



## CHOOSE YOUR EVENT

*You can choose the ALOA event that best fits your interest and abilities. Each event has sponsors that can help you with any questions you may have. How far to the event? How hard is the hiking? Is the water too fast for a beginner? Each event will be featured in the Faith Center, with e-mails, and word of mouth. A new feature will be Adventure Alerts. If you want to organize a bike ride or kayaking outside the schedule let Roger Littlejohn know and an Adventure Alert will be made.*



MONTH	DAY	EVENT	Coordinators
OCTOBER	19	CROP WALK FOR HUNGER	WARREN AND NACY SCHWEGEL phone:791-1397 e-mail: <a href="mailto:schwegel@cwo.com">schwegel@cwo.com</a>
NOVEMBER	8	ROBINSON FLATS HIKE-FORESTHILL	MIKE AND SALLY BRUCE phone:791-4970 e-mail: <a href="mailto:msbruce@surewest.net">msbruce@surewest.net</a>
JANUARY	31	SNOWSHOEING	JOHN AND ROBERTA PEARSON phone:791-3027 e-mail: <a href="mailto:pearson2@surewest.net">pearson2@surewest.net</a>
MARCH	14	PETALUMA HIKE	HERB AND MELODEE MATHAY phone:788-7193 e-mail: <a href="mailto:mathay@surewest.net">mathay@surewest.net</a>
APRIL	19	LOCAL BIKE RIDE	JOHN PEARSON AND DAVE AXTHELM phone:791-3027 e-mail: <a href="mailto:pearson2@surewest.net">pearson2@surewest.net</a> phone:783-7081 e-mail: <a href="mailto:axthelm@surewest.net">axthelm@surewest.net</a>
JUNE	12-13	RODMAN SLOUGH KAYAKING-CLEAR LAKE	RON AND SUE BECKER phone:791-1780 e-mail: <a href="mailto:ron.becker@starstream.net">ron.becker@starstream.net</a>
JULY	24-25	SIERRA HIKE	MARINA SMITH phone:773-8485 e-mail: <a href="mailto:marina@cwnet.com">marina@cwnet.com</a>
SEPTEMBER	25-27	GUERNEVILLE-HIKE, BIKE, KAYAK	DAVE AND NANCY AXTHELM phone:783-7081 e-mail: <a href="mailto:axthelm@surewest.net">axthelm@surewest.net</a>
OCTOBER	18	ALL CHURCH GAME DAY AND PICNIC	LORRAINE AND ROGER LITTLEJOHN phone:300-5587 e-mail: <a href="mailto:rdlittlejohn@fastkat.com">rdlittlejohn@fastkat.com</a>
ALL EVENTS SUBJECT TO CHANGE.	CALL OR E-MAIL ROGER LITTLEJOHN:	PHONE:916-765-6320	E-MAIL: <a href="mailto:RDLITTLEJOHN@FASTKAT.COM">RDLITTLEJOHN@FASTKAT.COM</a>